



Benefits of *Multiexistential (Seriexological)* *Self-Awareness*

Alexandre Dung

alexandredung@gmail.com

Contents

1. *Seriexological self-identification*
2. *Effect of the self-seriexiality*
3. *Seriexological (Multiexistential) self-awareness*
4. *Benefits of self-retrocognability*
5. *Benefits of increasing seriexological self-awareness*
6. *Hypothesis of the evolutionary role of resoma*
7. *Seriexological self-research (considerations & comments)*
8. *Revealed case studies – hypothesis of scenarios versus criteria*
9. *Personal case*
10. *Next evolutionary goal : lucid multiexistential self-relay*

Seriexological self-identification

Definition. *Seriexiological self-identification is the act or effect of the lucid conscin to identify and admit, with full self-critique and cosmoethical responsibility, the realistic clues and determiners of human self-experiences, previous, secular or millenar (Encyclopedia of Conscientiology, 2012, p. 1387).*

Waldo Vieira, Encyclopedia of Conscientiology

Effect of the self-seriexiality

Definition. *The effect of the self-seriexiality is the consequence of the act of the lucid consciousness prospect precise features and detailed , panoramic study of particular human life, prior, personal, or several previous intraphysical lives, using the set of techniques related to paragenetic research, holobiographicals and directly involving the evolutionary group or groupkarma, (Encyclopedia of Conscientiology, 2012, p. 3512)*

Waldo Vieira, Encyclopedia of Conscientiology

Seriexological self-awareness

Definition. *Seriexiological self-awareness is the act or effect of the conscin or the consciex to acquire increasing lucidity of the dynamics of existencial seriexiality (Holoresomatology) allowing the location, comprehension and theoriceological experience of the Personal Multiexistential Cycle (PMC).*

Pedro Fernandes, Encyclopedia of Conscientiology

Benefits of self-retrocognability

***Definition.** The benefit of self-retrogognability is the personal evolutionary gain resulting from the lessons acquired from recollection, remembrance, or keepsake of authentic personal past experiences, whether intermissive or intraphysical.*

Pedro Fernandes, Encyclopedia of Conscientiology

Benefits of increasing seriexological self-awareness

Synonymy.

- *Benefits of self-retrocognability;*
- *Profit acquired with the increment of holobiographic self-cosmovision;*
- *Gains with the improvement of the multiexistential Lucidity;*
- *Return from retrocognitive Self-Awareness;*

Benefits of increasing seriexological self-awareness

- *The main motivation for the improvement of Seriexological Self-Awareness should not be curiosity.*
- *The benefits of improving personal holobiographic lucidity are practical: deeper intraconsciential retrainings, dedramatization of interprisons and groupkarmic recompositions, and the assumption of the idle trafores in favor of Personal Proexis, Group Maxiproexis and Existential Completism (Complexis)*

Benefits of increasing seriexological self-awareness

*Personal
Holobiography*



*Current
Personality*

- *Expanded Self-cosmovision of the Personal multiexistential cycle (CMP) and the proper Groupkarmic Course*
- *Deeper and more accurate personal recycling needs*
- *Dedramatization of Interprisons and Weak treats*
- *More lucid Groupkarmic recompositions*

Benefits of increasing seriexological self-awareness

*Personal
Holobiography*



*Current
Personality*

- *Greater Detail of personal Proexis and Maxiproexis*
- *Assumption of Latent and Idle Strongtraits*
- *Increased percentage of COMPLEXIS (satisfactory completeness or fullfilment of the Existencial Program – Proexis)*
- *Mutiexistencial (seriexological) Lucid Self-Relay*
- *Diagnosis / Assessment of Personal Evolution Progress*

Hypothesis of the evolutionary role of resoma

- *Megafocus: Ego, Group and PoliKarma adapted to the Personal (PMC) and Group Evolutionary Moment*
- *EgoKarma: Prevents guilt and traumas, focusing on opportunities for personal improvement - priority self-reeducation*
- *Grupokarma: Enables reperspectivation of prior relationships and Priority Reconciling of Critical Intepriptions at the Personal Evolutionary Moment (PMC)*
- *Polikarma: The Large Scale (Polikarmic) Claritask , in times of REURBEX, also enables a Recomposition/Reconciling in Higher Scale*

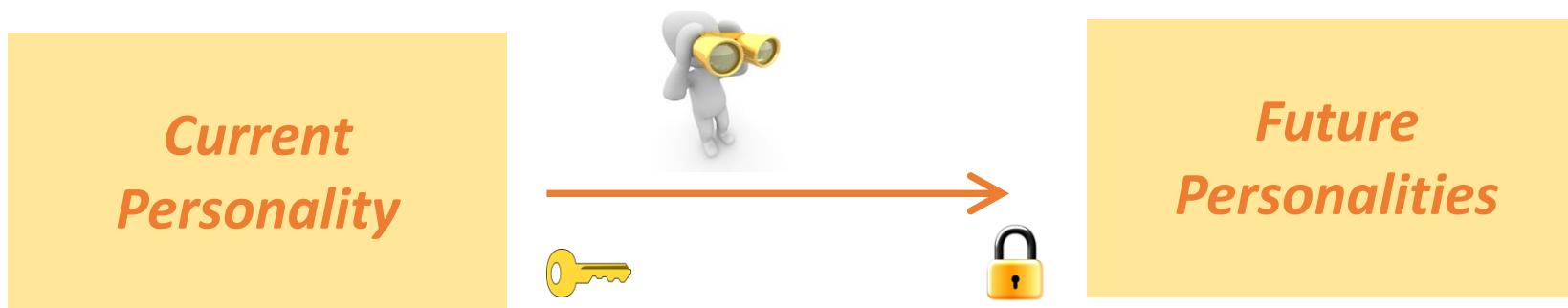
Seriexological self-research (considerations & comments)

- *"Informing an intraphysical consciousness about its retropersonality (s) does not fail to derogate from the Law, with consequences for the informant, for the informed and for his evolutionary group" - Waldo Vieira*
- *The provision of the Information seems to be based on the needs and conditions of the Personal and Group Evolutionary Momentum (CMP) and the Holoclaric Balance (FEPs) of those involved in the repercussions of the revelations*
- *Holobiographic Self-Research and the consequent amplification of the AS of a Consciousness seem to be a gradual process of increasing maturation, such as the expansion of Multidimensional Self-Awareness. practical experience of the binomial Researcher-Objeto-da-Pesquisa*

Seriexological self-research (considerations & comments)

- *There seems to always be a practical reason for increasing Holobiographic Autocosmistry and Self-Awareness, a useful purpose to be reflected in Personal and Group Proxies.*
- *It seems that there are always risks involved and conditions to be respected. Cosmoethical intentionality and interassistentiality seem to guide discernment as to timing, form and relevance of Revelation.*
- *Sadia's Holobiographic Self-Research, for more contributions, extraconciential guidelines and follow-ups that occur, also seems to be a process of voluntary and active, participatory-investigative psychic counterpart, with the practical experience of the binomial Researcher-Objeto-da-Pesquisa*

Next evolutionary goal : Lucid multiexistential self-relay





Connecting Researchers.

Supported by



thebridge@isicons.org