

Orthothosene

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The Bridge – 26.02.2017

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Thosene

- The thosene is the unit of consciousness manifestation.
- It is the sum of thoughts, sentiments and energies.
- The consciousness is permanently producing thosenes, so self-evolution necessarily has to deal with qualifying them.



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Elements of the thosene

- Thoughts, sentiments and energy are usually not distributed equally, one is more charged than the others.
- A charge on the thought means a focus on reasoning.
- A charge on the sentiment means a focus on emotions (positive or not).



The energy element

- The element which makes the content of consciousness manifest is the energy. It makes the difference both inward and outward.
- Energy can be charged either indirectly, through consciousness' vehicles, or directly, by the force of the will.



Orthothosene

- Orthothosene is the straightforward thosene of the human consciousness, which manifests Cosmoethics.
- It is the unit of measurement of practical Cosmoethics.



Significance of orthothosenes

- The orthothosenes are most valuable considering the evolution of the consciousness in a practical stance.
- Although they shouldn't be considered as duties, but as the exteriorization of what is healthy within the consciousness.



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Positive attitude

- Orthothosenes are most likely to appear and be perceived in a relaxed attitude than in a tense one.
- The ancient idea that performing a deed presupposes suffering and lots of stress is wrong.
- Why can't someone act righteously and be relaxed at the same time? In the core within consciousness discernment prevails, and it is not in a tense state.



Occurance of orthothosenes

- Orthothosenes happen whenever there is a positive or constructive action. For example:
 - Helping someone present or at a distance.
 - Studying a costructive topic.
 - Thinking positively about someone or something.
 - Being aware of ones own thosenity.
 - Making decisions and effort in order to qualify thosenes.
 - Installing the vibrational state.



Personal orthothosenes

- The identification of personal orthothosenes can be done by checking ones own holosoma during the course of a constructive action.
- Above all, what happens in the energosoma means a lot for that concern. What chakra is more activated and what does it do exactly?



**An orthothosene never brings conflict,
always brings balance,
be it internal or external.**

How do your orthothosenes work?

What balance do they bring?



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Interassistential specialty

- Every consciousness has singular traits and therefore is capable of performing singular assistance.
- The best kind of assistance one is capable at principle points to the interassistential specialty.



Orthothosenes and the specialty

- What role do orthothosenes perform in the interassistential specialty?
- Every assistance, by definition, is made of orthothosenes.
- So the interassistential specialty has a lot to say about personal orthothosenes and even holobiography and the intermissive course.

Orthothosenes and proexis

- If the existential program is accomplished through assistance, and this is achieved by orthothosenic means, then existential program is accomplished through orthothosenes.
- The more ones life is fulfilled with orthothosenes the better, meaning oportunities of action regarding the interassistencial specialty.



Orthothosenes and proexis

- Which orthothosenes do your profession require?
- Which orthothosenes do your family and friends require?
- Which orthothosenes do your volunteer activities require?



Orthothosenes and gestations

- Clarification task is about applying orthothosenes of very specific kind, charged first in the thought (discernment), second in the energy (intense) and third in the sentiment (fraternity).
- Consciential gestations will materialize those orthothosenes used in well-succeeded clarification task. Again, interassistential specialty.



Synthesis

- Identifying personal orthothosenes has a great deal of importance regarding self-evolution and the existential program.
- The orthothosenes say a lot about ones identity as consciousness, specially the healthier part which will lead about everything that matters most.



How many orthothosenes do you have?

What is your *repertoire* of orthothosenes like?



THANK YOU!!!

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