

VS: Vibrational State

Personal paraprophylaxis through will power

"The vibrational state (EV) is the technical condition of maximally dynamizing the energosoma's energies, through the impulsion of the will and employment of a specific methodology, in order for the consciousness to experience personal paraprophylaxis."

Waldo Vieira

A Técnica do Estado Vibracional



Reality. It does not matter if you do not know what bioenergy is. Practices will soon show you the **energy reality**. Even if you feel nothing at first, insist all the same. You will end up feeling it, because consciential energy is an inevitable part of the energosoma's paraphysiology.

Technique

1 Soma. Stand erect with your feet apart. Close your eyes. Let the arms fall along the soma. Direct the flow of personal bioenergy, through the **impulsion of your will**, from head to hands and feet.

2 Direction. Bring back the flow of consciential energy, through your will, from your feet to your head. Next, identify through your own self-critical sensations or experiences, the **direction of the energy flow** from the bottom up, contrary to the previous flow.

3 Flow. Repeat this procedure 10 times, sensing and discriminating the flow of consciential energy by **sweeping the organs of the soma**. This is how the unblocking and compensation of consciential energy in the energosoma's centres begins.

4 Rhythm. Through your unbreakable willpower gradually increase the speed or rhythm of the flow of consciential energy.

5 Persuasion. Expand, to the maximum, the intensity or volume of the flow of consciential energy through the circuits, which will become increasingly larger and more powerful **inside and outside of the human body**. You will clearly notice this occurrence. This fact convinces you of the consciousness' multidimensional reality.

6 Installation. Finally, install the VS - vibrational state. The flow and closed circuit disappear. The entire energetic psychosphere becomes completely **lit up, dazzling or incandescent** with vibrant consciential energy and you feel this fact without any doubt.

Fig. 1

Energosoma

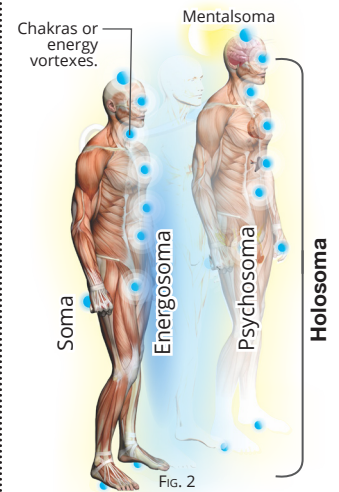


Fig. 2

The energosoma is the set of **structured** consciential energies **that connect** the conscin's psychosoma and soma.

Aspects:

- It absorbs energy and **distributes** it throughout the soma.
- It reacts to thoughts and emotions, **influences** functions and controls the **metabolism** of the human body.
- Unknown by Western medicine, it is used in **Chinese medicine** to explain some healing methods, such as acupuncture and auriculotherapy.
- The healing processes associated with **homeopathy** are also related to the energetic rebalancing of the conscin..

Consciential energy

Consciential energy (CE) is also known as **animic force** or personal magnetism. CE is the immanent energy (IE), or primary energy diffused throughout the universe, that has been absorbed and subsequently employed by the consciousness in their personal manifestations and thosenizations.



Fig. 3

Healthy effects of the vibrational state (VS)

The VS can bring several healthy effects based on the motivated person's will. Here are 14 examples:

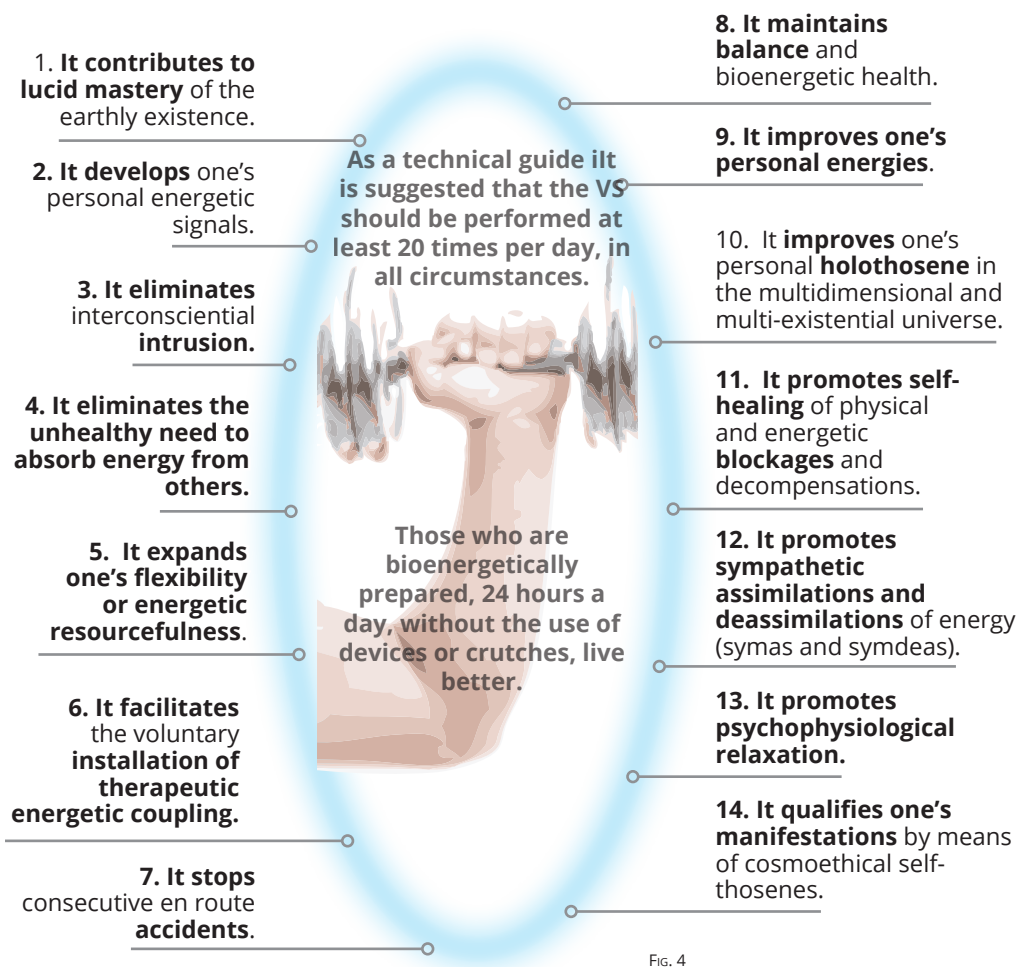


FIG. 4

Impediments

Here are 16 impediments to installing the VS:



FIG. 5

- Continued disturbing **harassment** promoted by ill extraphysical consciousnesses.
- **Self-obsessions**, fixed ideas or repressive monoideism
- Chronic energetic **blockage**.
- Intellectual or affective-sexual **deficiencies**.
- Psychological **depression**.
- Lack of emotional **control**.
- Lack of mental concentration.
- **Demotivation**.
- **Ingestion of excessive amounts of food**, resulting in blockage of the umbilicochakra.
- Personal **sacred prison** and blindness to a doctrine, faith or irrational belief.
- **Victimization**.
- **Insecurity**.
- **Fear**.
- Use of licit or illicit **drugs**.
- **Intoxication by smoking**.
- **A weak will**.

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Conscientiology Summary; November 2017; Production: Flávio Monteiro. Proofreading: Antonio Pitaguary, Isabele R. Nascimento and Pedro Marcelino. Translation: Alba Cardoso and Jaclyn Cowen. Revision: Jeffrey Lloyd. Illustrations Copyright: Dreamstime® (Fig. 4).

Principle of Disbelief: Do not believe anything, not even the information in this publication. The smart thing to do is conduct personal research on the subject.

Recommendations

The **vibrational state** is recommended to everyone, **without exception**, as a measure for consciential **prophylaxis** and energetic **self-defence**, in various situations, for example:

- **Acquisition**. When acquiring material assets or property.
- **Symas** (sympathetic assimilation of energies). Before deliberately installing an energetic coupling with someone, in order to produce facial clairvoyance, sympathetic assimilation and other interconsciential conditions.
- **Auditorium**. When sitting in an auditorium to listen to a lecturer or artist.
- **Conjuncture**. When facing a situation that requires an accurate intellectual evaluation.
- **Debate**. During and after a critically important discussion or dialogue.
- **Discomfort**. At the exact moment when first sensing in any place, some symptom of a mini-illness, or physical or mental discomfort.
- **Closing**. When leaving the office, at the end of the working day.
- **Meeting**. Before, and sometimes after encountering unknown people.
- **Affective Encounter**. At the moment of encountering one's affective partner.
- **Interview**. Before being interviewed about a certain subject.
- **Show**. Upon entering a place of entertainment and shows.
- **Crowd**. When impelled to participate in a crowd or group of people.
- **Gift**. When receiving a gift without knowing the intention.
- **Facilities**. When entering or leaving commercial facilities, such as shopping malls, banks, government agencies, etc.
- **Meal**. Before and after eating.
- **Departure**. Upon arriving and leaving your own home.
- **Surprise**. When surprisingly receiving some tragic news.
- **Phone call**. Before answering a critical or troubling call.
- **Vehicle**. When getting into and out of any vehicle.
- **Steering wheel**. Before and after driving a vehicle.