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Personal Code of Cosmoethics (PCC)

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Guiding Questions

- 1. What is *Cosmoethics*?**
- 2. Why should we follow and experience *Cosmoethics*?**
- 3. How can we follow and experience *Cosmoethics* in a daily basis?**

Main Topics

- ✓ ***Crescendum Ethics-Cosmoethics***
- ✓ ***Fundamentals of the Personal Code of Cosmoethics***
- ✓ ***Moral Autonomy, Free Will and Maxiproexology***
- ✓ ***Interassistencial Parapsychism and Cosmoethics***
- ✓ ***Cycle of the Personal Code of Cosmoethics***
- ✓ ***Interaction Personal Code of Cosmoethics – Group Code of Cosmoethics***



**Do not believe in anything,
not even in what you hear at this conference.
Experiment.
Have your own experiences.**

Cosmoethics is...



... ethics or reflexion over the cosmic, multidimensional morality, or the cosmic moral that defines consciential holomaturity. (Vieira; Our Evolution)

... maximal, moral and emotional discerniment, it rises from the intimacy of the consciential micro-universe. (Vieira; Our Evolution)

...the set of values that regulate the consciousness' conduct in every dimension in which they manifest. (Vieira; 700 Experimentos)

Crescendum *Ethics-Cosmoethics*

- **Cosmoethics goes beyond time, cultural codes, mesology and intraphysical social moral, or the moral which presents itself with any human labels.**
- **Cosmoethics is the moral philosophy of Conscientiology.**
- **Cosmoethics is one of the main cornerstones of the Consciential Paradigm.**

The purpose of following Cosmoethics is...

- ... to get more right and to err less.
- ... to progress more intensily.
- ... to feel happier and serene.
- ... to achieve immunity in the presence of unhealthy energies and interconsciential conflicts.
- ... to avoid mental pecadilloes.
- ... to magnify self-discernment.
- ... to improve the inner reforms of consciousness' micro-universe.
- ... to dynamise the own evolution.



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Cosmoethics is the sine qua non condition of Evolution.

(Vieira, 700 Experiments)

To attain Cosmoethics it is indispensable to experience them.

(Vieira, Lexicon of Orthothoughts)

Personal Code of Cosmoethics (PCC)

The ***Personal Code of Cosmoethics*** is the systematic compilation or set of norms of righteousness, orthosenity and polykarmic self-behaviour of the highest moral degree, created and followed by the more lucid consciousness, in any existential dimension. (Vieira, Encyclopedia of Conscientiology)

- The Personal Code of Cosmoethics is the tool, the instrument, the technique to reflect the **code of the Cosmos** within each **human consciousness** by **self-restructuring the own thosenity** in order to implement the 2 basic principles of Cosmoethics in a daily basis:
 - ***May what happens be the best for everybody.*** (including oneself)
 - ***What not good, truly serves no useful purpose.*** (not trying to sugar-coat the bitter pill)



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Fundamentals of the PCC

Intentionality

- Self-corruption is one cause of the paropathologies of the intentionality.
- One of the symptoms of the paropathologies of the intentionality is inauthenticity.
- To implement the PCC (lived Cosmoethics) is to prevent and/or to heal the pathologies of the intentionality.
- Self-incorruptibility means self-deintrusion.

Personal Principles and Values

- Principles are the personal philosophy for living.
- Values are the grounds to all choices and the scale of priorities.
- Values lead behaviours.
- PCC is based on the intermissive principles and values.

Moral Autonomy

- Basis for the self-determination
- To establish the own laws to live according to personal values and principles.
- Motivations of actions are based on personal moral imperatives and no longer to avoid punishment, to obtain rewards, to be accepted or to obey rules and orders without reflexion and questioning.
- Express the freedom from external control or influence
- Less passive to determinism
- Using more free will
- **Paradox: the more moral autonomy, the more other centeredness.**

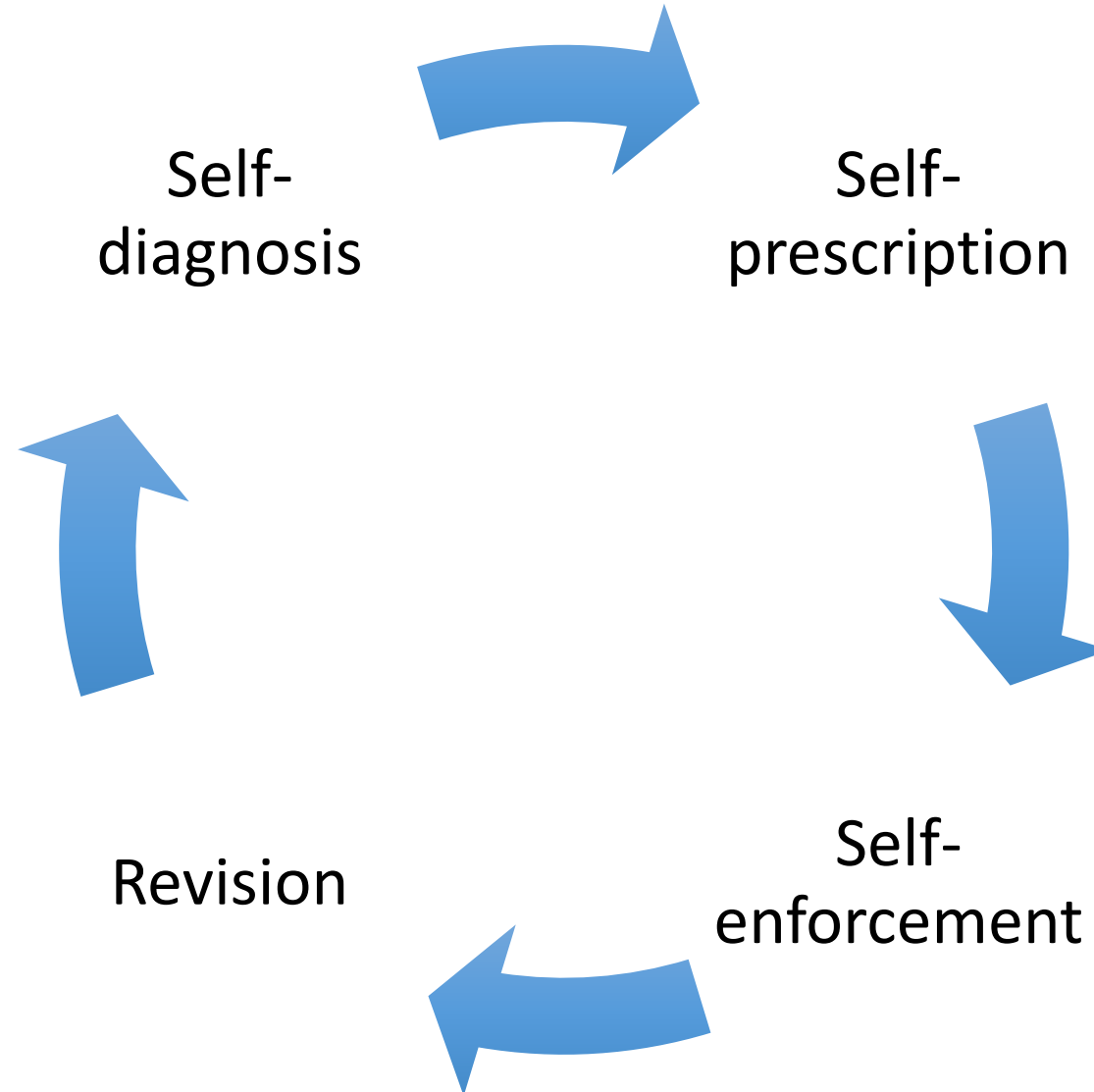


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**Only those who no longer ask for themselves are
assigned to execute existential maxi-programs.**

(Vieira, Existential Program Manual)

Functional Cycle of PCC



Examples

- **Respect.** Recognize and respect others limits, level and evolutive moment making more concessions, mostly when I consider myself *full of reasons*, to keep the equanimity of the interconsencial relations.
- **Limits.** Identify, establish and respect my own holosomatic limits and keep a routine of activities focusing on the priority and on the needs of the group, being self-committed to the multidimensional interassistencial maximechanism. Make concessions and accept to lose, to drop off opportunities in the benefit of the holosomatic balance.



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HINTS FOR THE WRITING OF THE PCC

GUIDING QUESTIONS

- What? (new behaviour)
- How? (describe actions / how to do it)
- What for? (purpose, value, motivation)
- When? (Optional)

Example 1

- **What? Changing the thosenic block**
- **How? Deal with domestic issues at home, volunteering issues at the CO and professional issues at work.**
- **What for? To keep the consciential hygiene through the de-assimilation process. desassim.**
- **When? (optional)**

CLAUSE 1

- **Changing of the thosenic block.** Deal with domestic issues at home, volunteering issues at the CO and professional issues at work. To keep the consciential hygiene through the de-assimilation proccess.

Example 2

- **What? Effective communication**
- **How? Exteriorize energies centrifugally, mainly through the cardiochakra and laringochakra.**
- **What for? To eliminate all the emotional and energetic to reduce anxiety and to enhance the interaction with the audience.**
- **When? Whenever I communicate.**

CLAUSE 2

Effective communication. Whenever I express myself, I'll exteriorize energies centrifugally, mainly through the cardiochakra and laringochakra, in order to eliminate all the emotional and energetic blockades, to reduce anxiety and to enhance the interaction with the audience.

Characteristics of PCC

- Personal.
- Centrifugal.
- Increasing refinement.
- Dynamic.
- Feasible and challenging.
- Self-imperative: Self-unforgiving.
- Quality is more important than quantity.
- Clear and concise.
- Written down, dated and signed.
- Carried in the pocket

Benefits of implementing the PCC

- Foster interassistentiality from experienced Cosmoethics
- Allow self-positioning as personal cosmoethics
- Qualify personal intentionality
- Make the PCC a prophylactic tool in overcoming self-corruptions
- Expand self-criticism
- Leverage lucid self-parapsychism

The Personal Code of Cosmoethics is a compass for evolutive well-being.





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