# **CONSCIENTIAL FREEDOM**

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## **Objectives**

**Presentation**: to present some preliminary findings of the personal research about consciential freedom, focusing on some characteristics, subtleties and correlations.

**Research**: to deepen the understanding of the subject aiming to achieve the highest freedom level possible, according to our evolutionary level.



## **Consciential Freedom**

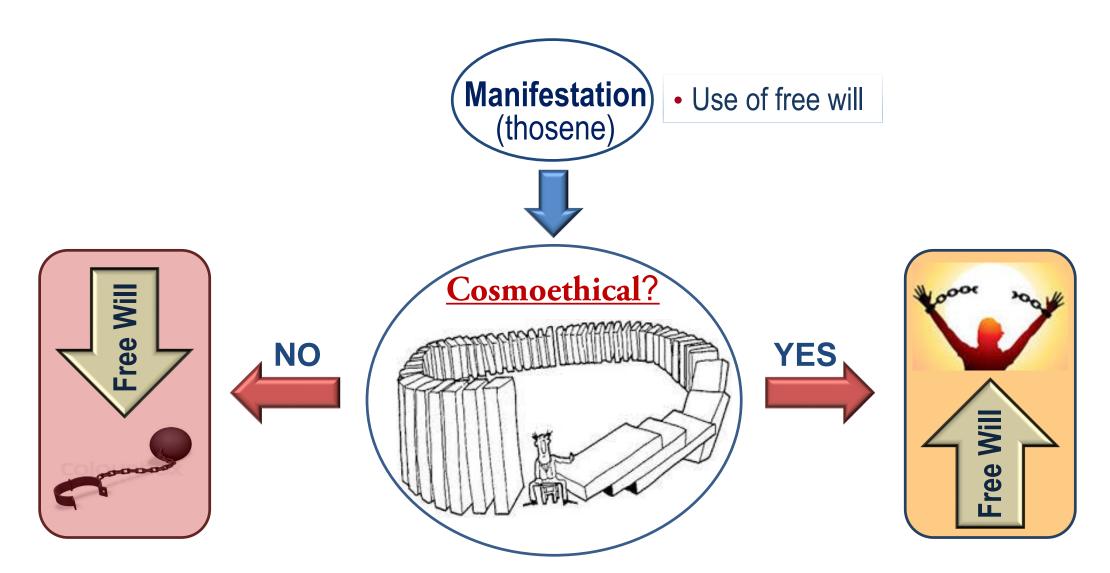
**Definition**: is the faculty to apply the free will, through the mentalsoma, without interference from other vehicles or external agents, whether they are mesological or multidimensional.

#### **Characteristics:**

- Relative and limited, according to the consciousness' maturity level.
- Scope: extraphysical, intraphysical and intraconsciential dimensions.
- Can be measured through the level of self-imperturbability.
- ❖ Increased by cosmoethics → law of cause and effect.

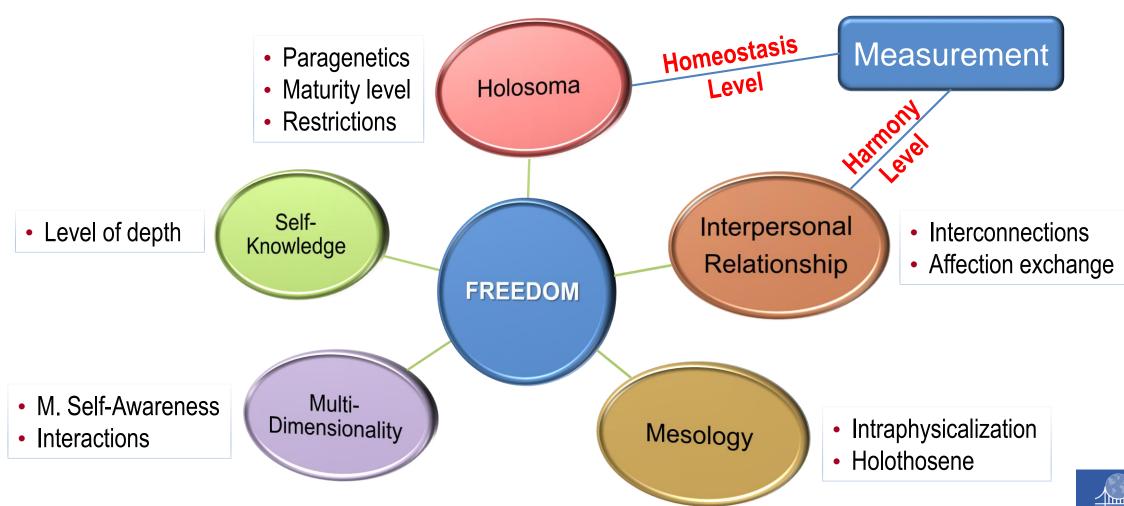


## Law of Cause and Effect





## **Restrictive Factors**





## **Pseudofreedom and Cognitive Distortion**

#### **Pseudofreedom**

- Independence from others
- Life without problems
- Power and control (external)
- Habit of improvisation
- Do whatever/whenever we want
- Do things to get rid of them
- Do not have commitments

## **Cognitive Distortion**

- … not knowing what freedom really means (do not value it)
- ... not seeking freedom, because we think that we already have it
- ...not using freedom, because we think we do not have it
- … not using freedom, because, in fact, we do not want to be free



## **Goals of Consciential Freedom**

#### Liberation of

- Self- and hetero-intrusion
- Old stigmas and holothosenes
- Ignorance and emotionality
- Believes and conditionings
- Self-mimicries
- Excessive intraphysicalization

### Acquisition of

- Parabrain predominance
- Holosoma mastering
- Self-thosenity mastering
- Cosmoconsciousness control
- Megafraternity
- Alignment to the cosmic flow



# **Expansion of Freedom**

